

TRUCKERS' GEAR GUIDE

JUNE/JULY
2025



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blueparrott GN

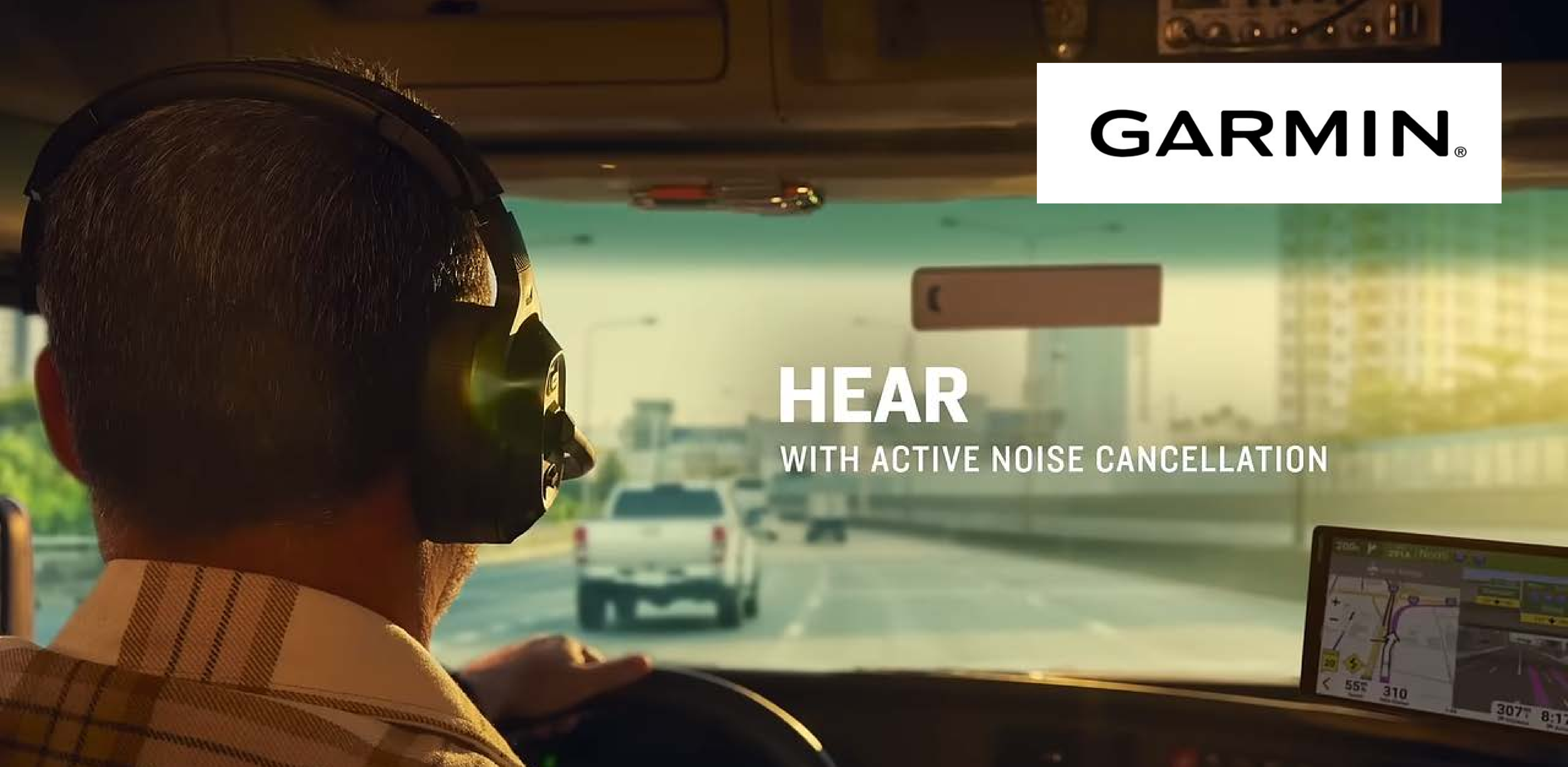
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BlueParrott B450-XT
**NOISE-CANCELLING
HEADSET WITH
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**CUMMINS
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HEAR

WITH ACTIVE NOISE CANCELLATION

HEAR BETTER, TALK LONGER, TRUCK SMARTER WITH DēZL™ TRUCKING HEADSETS FROM GARMIN®

With as many hours as you spend behind the wheel – where a Bluetooth headset can be your only connection to the outside world – don't sacrifice quality, comfort or function. Be good to yourself with a premium dēzl headset from Garmin. Recognized as a market leader in GPS trucking navigation, Garmin continues to deliver

products focused on simplifying life on the road. The dēzl Headset 110/210 series does just that. Purpose-built for over-the-road drivers, the headsets boast superior audio performance, industry-leading battery life, all-day comfort and introduce a built-in flashlight to ensure the best experience for drivers.

CHECK OUT THE TOP REASONS WHY A DēZL HEADSET MAKES LIFE ON THE ROAD SOUND INFINITELY BETTER.

UP TO 60 HOURS OF CONTINUOUS BLUETOOTH® TALK TIME.

You can go multiple shifts without needing to charge your headset.

ACTIVE NOISE CANCELLATION (ANC).

There's nothing more frustrating than having outside noise interrupt an important conversation. Experience high-quality audio in both ear cups and the boom mic.

A BUILT-IN LED FLASHLIGHT.

The flashlight can cycle through red, white and extra-bright white LEDs to illuminate the area in your cab or around your rig. It's mounted right on the boom mic so you can tap it on and keep your hands free. The convenient light is the perfect companion for making connections to a trailer, pre-trip walk-around, finding dropped items, safety when walking in poorly lit areas and more.

TWO-IN-ONE DESIGN.

With the dēzl Headset 210 model, you get the best of both worlds. Easily switch from single-ear configuration while you're driving to full stereo headphones during breaks.

CONNECT TO MULTIPLE DEVICES.

Our headsets will connect to two different Bluetooth sources at the same time, allowing you to seamlessly switch media on one device to accept an incoming call from a paired smartphone – all while your eyes remain on the road.

HANDS-FREE CALLING.

Make and receive calls without taking your hands off the wheel thanks to built-in Bluetooth technology, which allows you to pair your headsets to a compatible smartphone.



GARMIN®

SEE

WITH THE BUILT-IN LED FLASHLIGHT
SHINES RED OR WHITE LIGHT



DEZL™ HEADSETS
110/210 SERIES

USE

VOICE COMMANDS TO CONTROL
YOUR COMPATIBLE NAVIGATOR



POWER ON THE GO

By David Hollis

Each day brings news about yet another BEV – Battery Electric Vehicle – coming to market, including some Class 8 trucks with many carriers adding them to their fleets. Still, it may be a while before you wind up behind the wheel of a truck that needs its batteries refilled instead of having its tanks topped off with diesel.

However, every trucker on the road today needs access to electrical power to make life on the road safer, more comfortable, and properly connected. Many products supply the juice and power of devices found in most cabs.

CUMMINS 5,000 WATT POWER INVERTER

You may be familiar with seeing the name Cummins painted on the side of the engine in your truck. But, you can also see it on a power inverter you can install to turn your truck's 12-volt DC power into 110-volts of AC current.

The 5,000 watt modified sine wave power inverter answers all your electrical needs. It has four three-prong AC outlets to accommodate any number of appliances from coffee makers to air fryers. It also has standard USB and fast charge USB-C(R) to power smartphones, tablets, or gaming devices.

Install the app to control the inverter via Bluetooth®.

The Cummins 5,000-watt inverter is available at truck stops and [online](#).

Cummins also offers 2,000, 3,000, and 4,000 watt models to meet your power needs and budget.



GUARDIAN ANGEL LIGHT

When you're outside your truck at night, it's vitally important that others can see you. While a bright orange safety vest will do the trick during the day, you need something brighter when it's dark out, especially if you happen to be stopped on the roadside.

Guardian Angel's Roadside Light helps ensure you're visible to others. This small, hands-free light attaches to your shoulder, hard hat or your truck and is visible up to five miles away.

It has a bright white LED forward-facing work light as well as colored lights to ensure passing motorists see you. It can be set to several flashing and scrolling patterns, including SOS.

[Available online.](#)



ROADPRO 12-VOLT FRYING PAN

One way to put your truck's power to good use is to prepare your meals instead of grabbing something to go from a truck stop or fast-food outlet.

The 8-inch 12-volt frying pan from RoadPro could easily become a table in your truck's "kitchen." Plug it into your truck's 12-volt port and you're ready to cook.

It has a non-stick surface and a vented, tempered glass lid to make food preparation easy and safe.

The frying pan has a four and a half foot-long power cord with an in-line fuse.

[Available online.](#)



To help make onboard cooking easy, RoadPro also has a [12-volt roaster](#) and a [12-volt slow cooker](#).

And, most truckers are familiar with an iconic appliance from RoadPro, the [12-volt lunchbox stove](#).

Continued on page 7

GUNPOWDER COFFEE

If you're like many folks, especially OTR truckers, you may need to start your day with the boost provided by your morning's cup of coffee, or 2 cups...maybe 3.

Gunpowder Coffee, which bills itself as the "world's most caffeinated coffee," may be what you need to open your eyes in the morning.

Aside from having extra caffeine, Gunpowder has a strong, smooth flavor - the result of 18 months of taste testing to find the perfect blend.

Gunpowder comes in one-pound bags or in single-serve K-style cups. Both are [available online](#).



TAU 2

KEYRING EMERGENCY CHARGER

Life is unpredictable, and more so for the life of the trucker on the road.

Because of that, it's always good to have a backup power supply for that truck driver essential: the smartphone.

The TAU 2 provides that in a compact, lightweight way. Measuring just 2.2" x 1.7" x 0.7" and weighing only 1.7 ounces, the TAU 2 attaches to your keyring unobtrusively.

Its 2,000 mAh battery is not meant to recharge your smartphone completely. It's a stopgap solution in an emergency when your phone is running low. It can add up to 54% capacity for small phones, 35% for mid-sized models, and 28% for phones with large batteries.

The TAU 2 has two built-in connecting cords: one USB-C and a lightning and micro-USB cord.

[Available online](#)



ECOFLOW

RIVER 2 PRO PORTABLE POWER STATION

When you need a strong power source for your truck, you may need the River 2 Pro portable power station from Ecoflow.

Here's why:

1. With an output of 1,600 watts, it has the capacity to accommodate almost every appliance or device you have
2. It'll charge up to 11 devices with four AC outlets, 1 USB-C port, 3 USB-A ports, 2 DC outlets, and 1 car outlet
3. Fully recharges in just 70 minutes
4. Recharges with a solar panel in 3.5 hours
5. It's lightweight, weighing just a bit more than 17 pounds

[Available online](#)



CUMMINS 10,000 mAh POWER BANK

You always need to have access to a power source and this compact – but powerful – power bank can easily meet your recharging needs.

It has 10,000 mAh, meaning you can keep your smartphone charged for the day, or reload your tablet when needed. It has two ports: one up to 20-watt USB-C port and an 18-watt USB port so you can add power to multiple devices.

You can reload by simply plugging it into a wall outlet or your truck's power inverter at the end of day and then fold its prongs for storage and pack for travel.

Available at select travel centers.



Continued on page 8

POWERDRIVE INVERTERS

Not every trucker needs the same kind of power inverter. Some drivers need robust inverters to power several devices at a time. Others need something more modest for daily but moderate use. Still others need an inverter for occasional use.

Fortunately, PowerDrive has something for every driver's needs. They include:

The [PWD3000P](#), which has 3,000 watts of power accessible from four AC outlets, two USB, and 2 USB-C ports, a digital display panel, and Bluetooth capability that connects it to the PowerDrive Plus app.

The [PWD2000P](#) with 2,000 watts of power, four AC outlets, USB and USB-C ports and Bluetooth connectivity.

The PWD1500P with 1,500 watts, four AC outlets and USB and USB-C ports, and Bluetooth connectivity.

The [PWD400](#) with 400 watts of power, two AC outlets, and USB and USB-C ports and can be plugged into your trucks 12-volt port.

The [PWD150C](#) is made for the driver who has occasional needs for extra juice as it sits in a cupholder and offers 150 watts of power from its two AC outlets and its USB and USB-C ports.



5-HOUR ENERGY DRINKS

It's 3 p.m. and you've been on the interstate since the middle of the morning. You still have two hours to go until you reach your destination. This is the time you reach what the 1960s era TV commercial for Welchade called "the valley of fatigue." You don't need a nap, just a bit of an energy boost.

5-Hour Energy Drinks may be just what you need to feel a bit more "alert and alive," as the company says.

They come in a variety of flavors, everything from grape to Pineapple Splash to Rainbow Sherbet and Watermelon Crush.

You can find 5-Hour Energy Drinks at just about any truck stop and travel center.



INCHARGE 6-IN-1 ULTRA LONG CABLE

One of the great conundrums of today's technological age is which cord goes with which device.

That ends now with the InCharge 6-in-1 long cable from Rolling Square. As the name says, this cable accommodates six different ports and works with both Android and iOS devices. Plus, it is 10 feet long. It has USB-A, USB-C and micro USB and lightning connections. It comes with a carrying case and a magnetic desk support.

[Available online.](#)

2025



Vendors

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FLIP 7

WELCOME



PRO DRIVER COUNCIL

NEW ***COUNCIL MEMBER***

MIKE MARRONE



Mike Marrone is a company driver with 29 years of experience, based in Greenfield, Iowa. As a member of the RoadPro Pro Driver Council, Mike shares his insight to help improve life on the road for fellow drivers.

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Fore the win



GAMER SHOT



 **Skullcandy®**



ICON ANC

FIRST GEAR FOR NEW CDL DRIVERS

BUDGET-FRIENDLY GEAR FOR YOUR FIRST YEAR ON THE ROAD

Starting your first year as a truck driver can be very exciting, but also feel overwhelming. Being prepared with the right gear makes all the difference when it comes to staying safe and comfortable on the road. Here are 10 must-have, budget-friendly essentials that every new driver should keep in their truck.

COMFORTABLE BEDDING

A pillow and warm blanket/comforter are necessary for getting a good night's rest in your cab. A budget-friendly mattress topper can also go a long way in making your cab feel more like home.

12-VOLT COOKING APPLIANCES

Skip fast food by cooking in your truck using a RoadPro 12-volt Stove, Frying Pan, Portable Slow Cooker, or Roaster. These compact appliances will help you eat healthier and save a lot of money from eating out.



EMERGENCY KIT

Always be ready for the unexpected. A basic kit should include first aid supplies, extra non-perishable food, water, a flashlight, and seasonal gear for bad weather.

TOILETRY BAG

Keep your hygiene in check with a stocked toiletry bag. Include a towel, soap, shampoo, razor, deodorant, toothbrush, toothpaste, and other personal care items you'll need everyday. The BC Outfitters Hanging Toiletry Bag is a great item to keep everything in one place.



FIRST GEAR FOR NEW CDL DRIVERS

SEAT CUSHION OR BACK SUPPORT

Long hours of driving can take a toll on your body. A supportive seat cushion can make a huge difference in your comfort.

HIGH-VISIBILITY SAFETY VEST

Essential for safety when walking around loading docks, truck stops, or the roadside. Bright vests improve visibility and meet many DOT requirements.

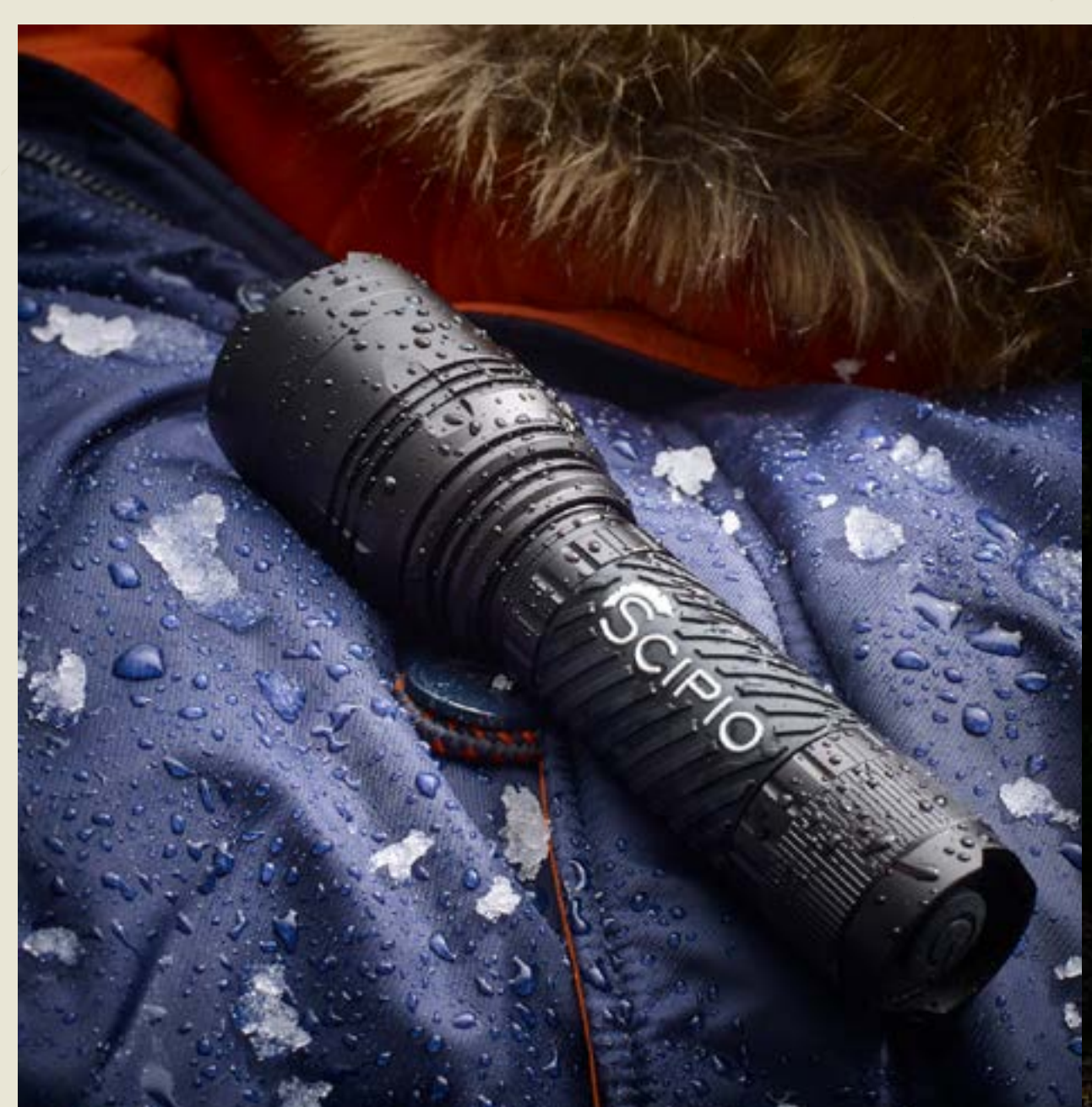
BASIC TOOL KIT

While some companies don't allow you to perform repairs, a basic kit with screwdrivers, pliers, and zip ties can help in emergencies.



FLASHLIGHT OR HEADLAMP

A reliable flashlight or headlamp is crucial for nighttime inspections or roadside issues. Choose an LED option with extra batteries or one that is easily rechargeable.



CB RADIO

CB radios let you stay in touch with other drivers about traffic, weather, and road conditions. It's a classic tool that's still very valuable today. While prices range depending on the radio, we believe the benefit outweighs the cost. A RoadKing CB Radio is a great budget-friendly item for your rig.



BLUETOOTH HEADSET

Hands-free calls help you stay focused on the road while keeping in touch with dispatch or family.

Start with these essentials to set yourself up for a safe, organized, and budget-friendly first year on the road. Drive safe!



BUILDING CONFIDENCE BEHIND THE WHEEL

The journey to becoming a confident and capable truck driver doesn't happen overnight. It's a career path that requires time, patience, and extensive practice.

It's no secret that confidence is a big part of being a good truck driver. One of the best ways to build confidence is to get behind the wheel and drive. The more time you spend on the road, the more comfortable and in control you'll feel.

START WITH THE SMALL STUFF.

Everyone has something they struggle with, whether it's backing into a tight space, merging onto a busy highway, or handling winding country roads. The key is to take it one challenge at a time. Just like when you practiced for your regular driver's license, it's important to gain experience in a variety of conditions. Drive at night and during the day. Practice in the rain, snow, and wind. Only practice driving in these conditions when it is safe. Learn how to navigate different levels of traffic, from stop-and-go city traffic to busy highways.

BE PATIENT WITH YOURSELF.

Every truck driver was once in your shoes. Stress is a part of the journey, but growth comes from staying open-minded, asking questions, and learning from those who've been there.

HERE'S THE TRUTH:

Most seasoned drivers want to help. They've got stories, lessons, and road wisdom you won't find in any manual. So, ask. Start a conversation. You'll be surprised at the brotherhood that still exists out here.

And, if you're a veteran driver, remember what it was like starting out. A small tip, a kind word, or a little encouragement can make a big difference to a rookie finding their footing.

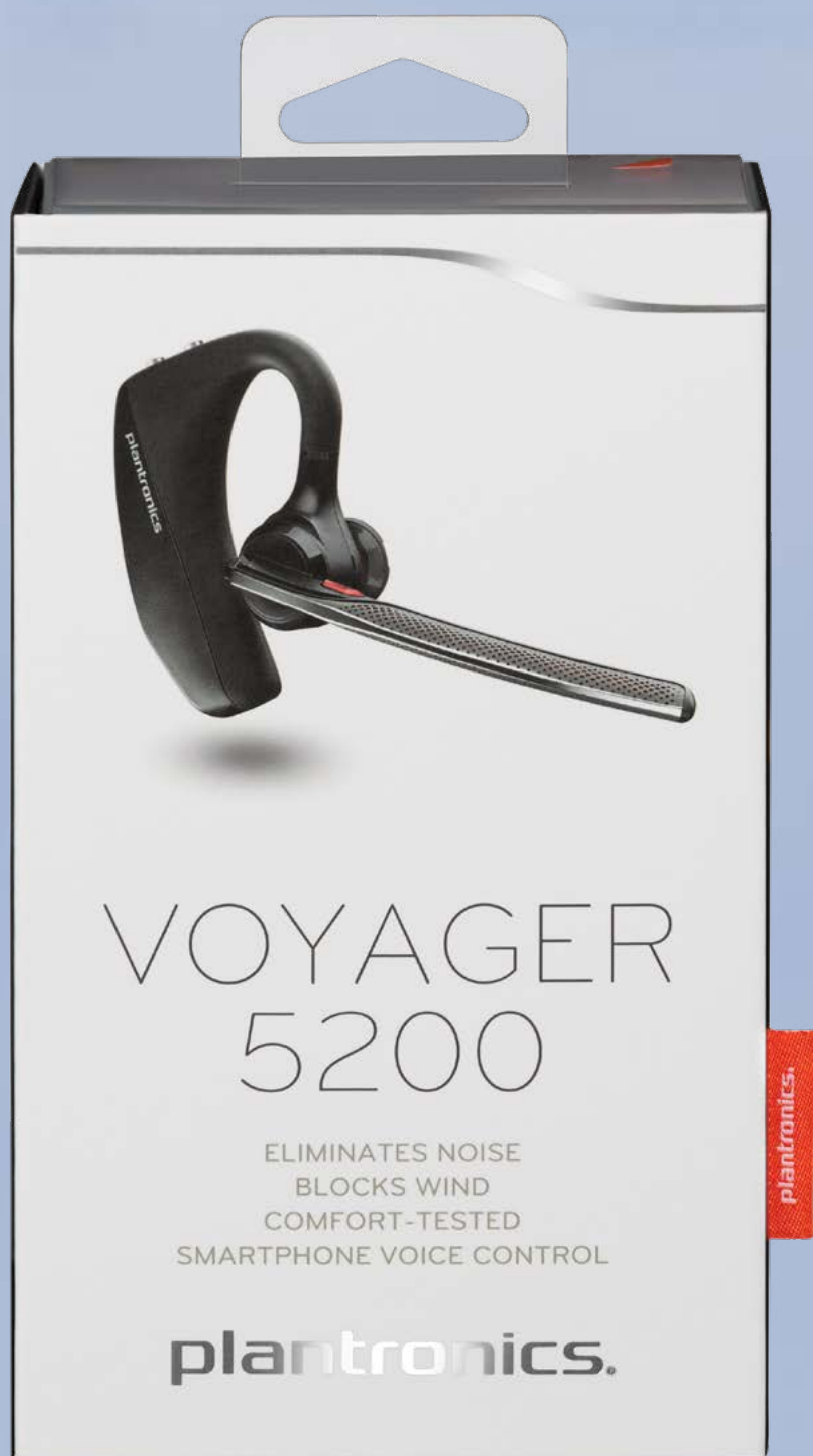
UNDERSTAND THE RULES OF THE ROAD.

Remember that driving a semi-truck is a lot different than driving a four-wheel vehicle. Study the regulations that are specific to trucks, including truck-only speed limits, road signs, and right-of-way rules for bridges, tunnels, and special routes.

ALWAYS PRIORITIZE SAFETY.

Get familiar with your truck's brakes, locks, and other safety features. A safe truck will be a more reliable truck. Knowing how to operate your rig properly will give you peace of mind every time you hit the road.

STAY MOTIVATED, STAY FOCUSED, AND KEEP LEARNING! YOU'VE GOT THIS!



pilot.

5/6/2025 - 6/30/25

PRO-DRIVER SAVINGS



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YOUR INPUT***



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COUNCIL TIP

TEAM *TRUCK DRIVER* TIPS

TIFFANY AND JEREMY WALLIN



Jeremy and Tiffany Wallin are team drivers behind the wheel of a 2017 Freightliner Coronado known as “The Girl Next Door.” They are owner-operators based out of Minneapolis, Minnesota, pulling a step deck. With 32 years of driving experience, Jeremy is not only a seasoned driver but also a skilled diesel mechanic and former entrepreneur. He owned a diesel and chrome/light shop for 13 years and managed his own small trucking company with seven trucks and drivers. Tiffany has been driving for 2.5 years. Before trucking, she was a Dean’s Assistant at the University of Tennessee. Their truck, “The Girl Next Door” has been featured twice in Overdrive magazine for its lighting, chrome details, and stereo setup. Beyond the road, Jeremy and Tiffany share a love for adventure. They enjoy scuba diving, white water rafting, exploring authentic restaurants, and visiting national parks. Their passion for trucks extends to participating in truck shows throughout the country.

DRIVER RECIPE

MAC AND CHEESE



INGREDIENTS

- 3/4 Cup Milk
- 2/3 Cup Evaporated Milk
- 1/3 tsp Salt
- 1/4 tsp Pepper
- 1/4 tsp Paprika
- 1/3 lb. Elbow Macaroni
- 1 1/2 Tbsp Margarine
- 3 oz. Cheddar Cheese, grated
- 2 oz. Monterey Jack Cheese, grated

DIRECTIONS

1. In a small bowl, whisk together the milk, evaporated milk, salt, pepper, and paprika.
2. Pour the uncooked macaroni into your RoadPro Slow Cooker and top with margarine and cheeses.
3. Pour the milk mixture on top and stir to combine.
4. Press all the macaroni into the milk mixture, the best you can.
5. Cover the slow cooker and cook for 1 hour. Stir. Then cook an additional hour.
6. The mac and cheese will be done when all the liquid is absorbed, and the pasta is cooked.

**CLICK HERE
TO VIEW**

**COOKING WITH
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SAFETY
STARTS WITH
YOU

5

SMART
DRIVING HABITS FOR
TRUCKERS

June is Safety Month. This is a great reminder to sharpen your focus on the road and refresh your driving habits. Here are five practical tips to help you stay safe behind the wheel.

1

TAKE CARE OF YOURSELF

Long hours behind the wheel can take a toll on your body and mind. Eat a balanced diet, stay hydrated, and get light movement in each day, even if it's a quick stretch or a walk around your truck. Most importantly, aim for 7-8 hours of quality sleep.

2

PLAN AHEAD

Smart route planning helps avoid weather delays, high-crime areas, construction, and heavy traffic. According to the U.S. Department of Transportation, weather-related crashes account for nearly 21% of all vehicle accidents. Make a habit of checking the forecast and traffic before driving.

3

USE GPS WISELY

Use a truck-specific GPS to help navigate truck-safe routes and avoid low-clearance bridges, tunnels, or restricted roads. However, don't rely on GPS alone, get familiar with your route ahead of time, watch for road signs, and stay alert for new exits or detours that may not appear on your GPS. Technology is helpful, but it's not perfect.

4

AVOID DISTRACTED DRIVING

Distracted driving is a major safety risk. In fact, the National Highway Traffic Safety Administration reports that over 3,000 people were killed in distracted driving crashes in 2023 alone. Set your GPS before you hit the road, keep your phone out of reach, and use voice-to-text or a Bluetooth® headset for hands-free communication.

5

PARK AND REST SMART

Avoid pulling over on off-ramps or isolated areas. Instead, choose well-lit, designated truck parking areas, ideally before dark. Keep your sleeper curtains closed at night and avoid sharing cargo details with strangers. It will keep both you and your cargo safe.

Have additional safety tips to share with other drivers?

Join our Private Facebook Group, [RoadPro Driver's Lounge!](#)

A group of 800+ drivers to share tips, articles, products, and more with each other.



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Rain Jacket

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