

TRUCKERS' GEAR GUIDE

MAR-APR 2024



HIGH TECH TALKING



GARMIN.



DēZL™ TRUCKING HEADSETS

Life on the road never sounded so good

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COUNCIL TIP

GPS Pro Driver Tip

By Oscar Jassopadilla



2024 TRUCK SHOW OUTLOOK



LESS DISTRACTIONS, FEWER ACCIDENTS

By Craig Daniels



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IN THIS ISSUE...

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Your FASHION on the FREEWAY SURVEY

ENTER TO WIN

Total Retail Value: \$115.00

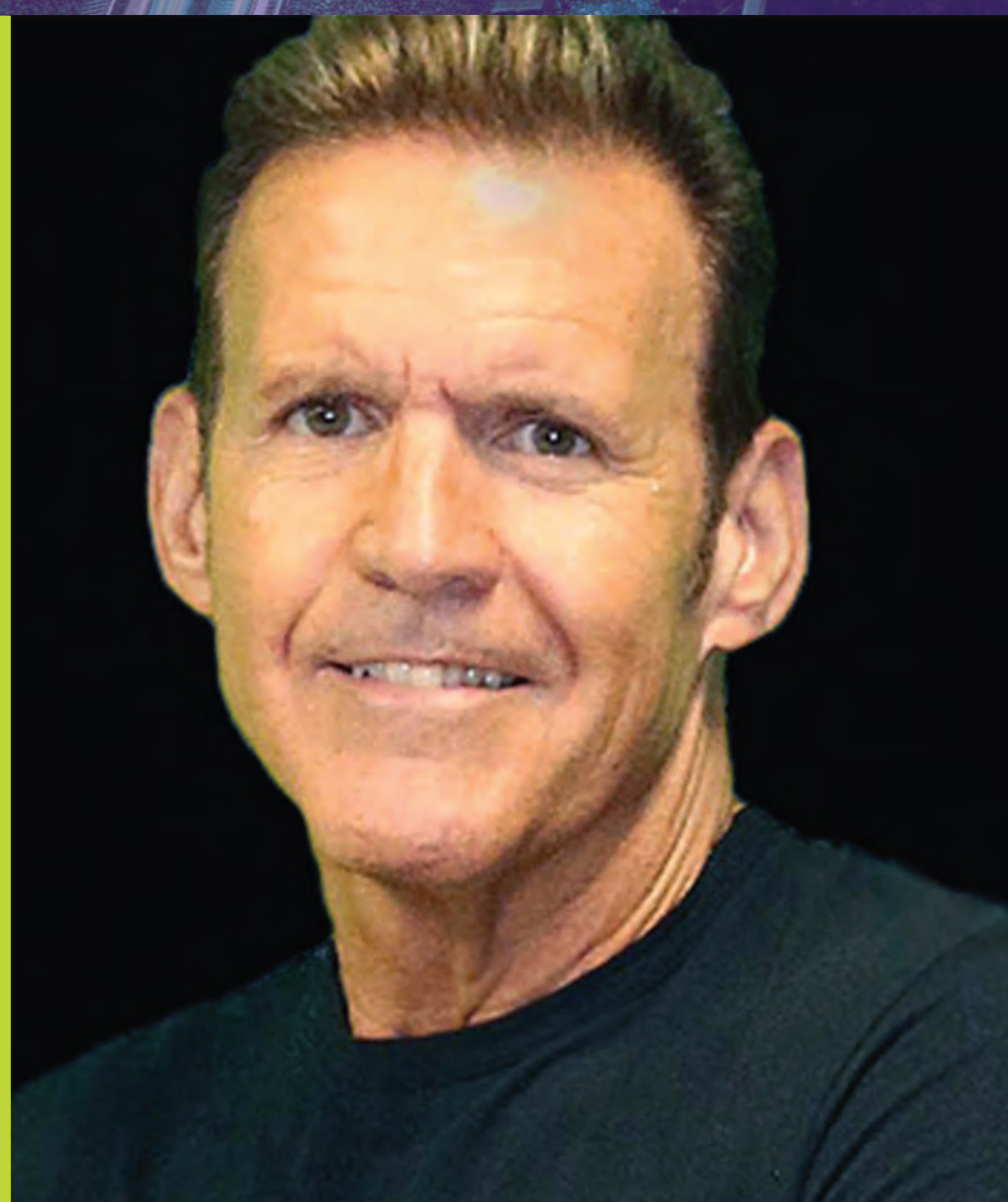
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TAKE CONTROL OF YOUR HEALTH

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Presented by RoadPro Family of Brands

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LESS DISTRACTIONS, FEWER ACCIDENTS

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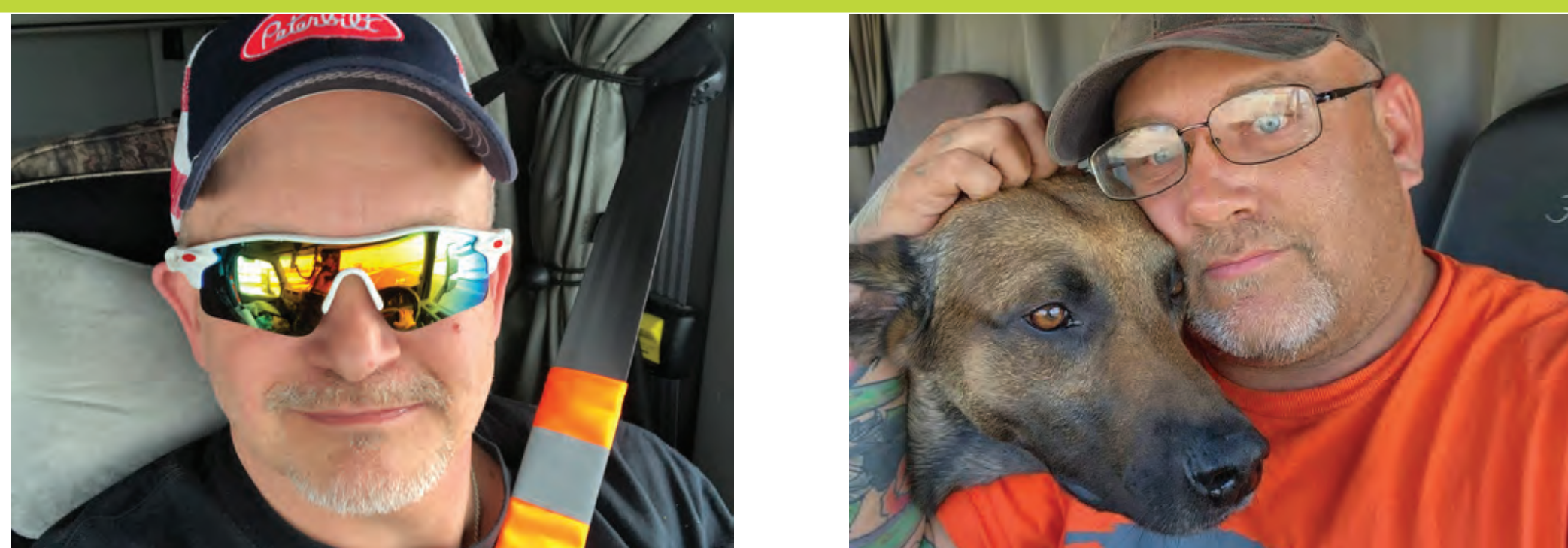
Cummins

PRODUCT LAUNCH



MEET THE NEW COUNCIL MEMBERS

Garvis Hayse and Matthew Brown



JOIN US TODAY!

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DēZL™ TRUCKING HEADSETS

Life on the road never sounded so good

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DĒZL™ TRUCKING HEADSETS

Life on the road never
sounded so good

LEARN MORE

LISTEN LONGER, TRUCK SMARTER WITH PREMIUM DĒZL HEADSETS FROM GARMIN®

By Mike Cummings, Garmin

With as many hours as you spend on the road, finding the right headset is essential for truck drivers. When looking for a device that lets you keep your hands on the wheel while staying connected to dispatch, fellow truck drivers, and your navigation equipment, look no further than the purpose-built Garmin dēzl Headset 100/200 series. These trucking headsets deliver excellent sound quality, noise canceling capabilities, and long-lasting Bluetooth® talk time to make sure you're never running out of battery.

Launched last summer, the headsets include a versatile 200 model that can be converted during breaks from a single-ear headset to full-stereo headphones as well as a 100 version that features the classic ergonomic one-ear design. Keep reading to learn the ways a Garmin dēzl headset can help you hear better, talk longer, and truck smarter.

Up To 50 Hours Of Continuous Talk Time

While it's not likely that you'll need to talk to anyone for 50 hours straight, with the dēzl Headsets you'll have that capability. Though we recommend giving your voice a rest every few hours.

Active Noise Cancellation

Nothing is more frustrating when on the phone than not being able to hear the person on the other end; or if they can't hear you in a noisy truck cab. Active noise canceling technology in both the ear cup and adjustable boom mic mitigates this problem, allowing you to hear and be heard without issue.

Wireless smartphone/dēzl navigation compatibility

Built-in Bluetooth technology allows for easy pairing of the dēzl Headsets to a compatible smartphone for hands-free calls. The headsets also seamlessly integrate with Garmin's dēzl OTR trucking navigators. With the press of a button, you can activate hands-free control of your navigation and instantly blend the prompts into your audio stream. Truck drivers can also speak commands into the boom mic to control the navigator.

Designed For The Long Haul

Just about everybody has worn an uncomfortable pair of headphones. After a while, they're just not worth it, no matter how good the audio. The lightweight dēzl Headsets are crafted with the comfort of truck drivers in mind. They're designed for all-day wear and are adjustable to fit any size. They're also durable, designed with corrosion-resistant stainless-steel construction and memory foam-padded ear cushions.

Flexibility For On- Or Off-Duty Use

The versatile design of the dēzl Headset 200 can be converted during your breaks, from a single-ear headset to full stereo headphones when you're ready to jam out to your favorite musicians or listen to a podcast. No tools or extra hardware are needed.

Ready to make life on the road sound infinitely better? Purchase your Garmin dēzl trucking Headset in a travel center near you, or [online](#). For more information about Garmin dēzl Headsets and all other trucking-specific products, visit garmin.com/dezl.

blueparrott GN

blueparrott GN

PREMIUM PERFORMANCE

96% noise-cancellation
for clear calls in
high-noise workplaces

BlueParrott B450-XT

blueparrott GN

PREMIUM PERFORMANCE

BLUEPARROTT B450-XT





TAKE CONTROL OF YOUR HEALTH

By Bob Perry, the Trucker Trainer™

It's common knowledge that exercising is beneficial to your health and, in some cases, even lifesaving. So why isn't everyone exercising? We know making major life changes isn't an easy task and taking control of one's personal health is no exception. It can be overwhelming and difficult, especially while working and living on the road. The reasons for not attempting a program or failing at one vary from person to person, but with a support system, a solid plan, and realistic goals you can get on the road to better health.

The first step is what you put in your body is 75% of the battle. While exercising is very important, making good nutritional choices is the key. Just as I say "It's not the exercise you should do, but the one you will do". To learn how to get the maximum performance out of your body's engine you need to know what fuels are best for you. We all have access to the most reliable and valuable lab, it's our own body. Let's take protein for example.

Protein is the building block of every cell in your body and should be the foundation of every meal. Protein comes in all shapes, sizes, and flavors. Chicken, turkey, lean cuts of meat, cheese, fish, eggs, beans, nuts, and cottage cheese.



A common complaint among those making lifestyle changes is they are always hungry. Eating a low-fat menu can leave you wanting more. By including lean protein with each meal, you can feel full longer. But you need to understand how much protein is enough (rule to follow; your fist is equal to a portion size) and not all proteins agree with everyone. Experiment with your body to find the right protein for you. Protein takes longer for your body to digest so it stays with you longer (much like whole grains.) It can help you stick to a low-fat diet and in turn, help you to lose weight; without losing your mind.

It's essential to start the day with a good source of protein. We know living and working on the road and having accessibility to good choices can be challenging. If you don't always have time in the morning to eat a good breakfast, be prepared and have your cab stocked with a few staples. Remember, if you don't have a good choice available you will make a bad choice. Consider carrying protein bars, shakes, fruit with almonds and walnuts, or Greek yogurt with oatmeal. They are a good source of protein for on-the-go.

Now that we understand how to fuel our personal engines let's put it to the test by starting a simple exercise program.

Despite all the scientific advances in sports training and the billions of dollars spent on exercise equipment each year, the best, most

(continued on next page)

TAKE CONTROL OF YOUR HEALTH

By Bob Perry, the Trucker Trainer™

(continued)

readily available form of exercise is available and it's for free. Set a goal to walk 2,500 steps, which is approximately one mile and 100 calories. Seems simple, doesn't it? You don't even have to do it all at once, take small breaks throughout the day.

If you're out of shape, you didn't get that way overnight. Remember, start slowly, and build up over time. Exercise shouldn't be a chore, it's one of the best things you can do for your body.



WHY WALK?

- 1. **Increases Circulation**
- 2. **Relaxes Tension In Your Neck And Shoulders**
- 3. **Relieves Lower Back Pain And Hip Stiffness**
- 4. **Eases Mental Fatigue And Eye Strain**

WEAR GOOD SHOES

You don't run your rig on bad tires; don't work out in worn-out shoes. Arch support, heel support, and cushioning all wear down over time. Good walking shoes help avoid injuries.

If you have a pedometer, take it for a road test. Attach it horizontally to your waistband or belt, right above your knee. If this is not comfortable, the pedometer may be worn at the side, but accuracy may be affected. Make sure to keep it horizontal. To test for accuracy, reset the counter to zero, and walk 50 steps. If the counter

reads between 45-55 steps, your step counter is functioning accurately. If the reading is off by more than 10%, reposition the counter to another location on your waist and re-test.

SET REALISTIC GOALS

Incorporate strength-training into your workout. As you build stamina, you may want to incorporate a strength-training program into your regular workout routine to help increase muscle strength and flexibility.



DRINK TO YOUR HEALTH

As you increase physical activity, make sure to stay hydrated. Drinking water is one of the keys to good health, and it's even more important when you exercise.



THE ROAD AHEAD: A LOOK AT CUTTING-EDGE TRUCKING TECH

Technological advances have been constant in the trucking industry in the last couple of decades. While trucks have been changed in the name of highway safety and driver comfort, mobile technology has kept pace to ensure truckers are also better connected, have accurate driving information, and have sufficient power to operate those devices.

GPS NAVIGATION DEVICES

Life on the highway can be unpredictable at best and downright harrowing at the worst of times. It's the savvy trucker who has the best and most information about directions, road conditions, weather, and traffic at their disposal. Part of that means having a trucking-specific GPS navigational device that will keep you properly informed, and out of harm's way.

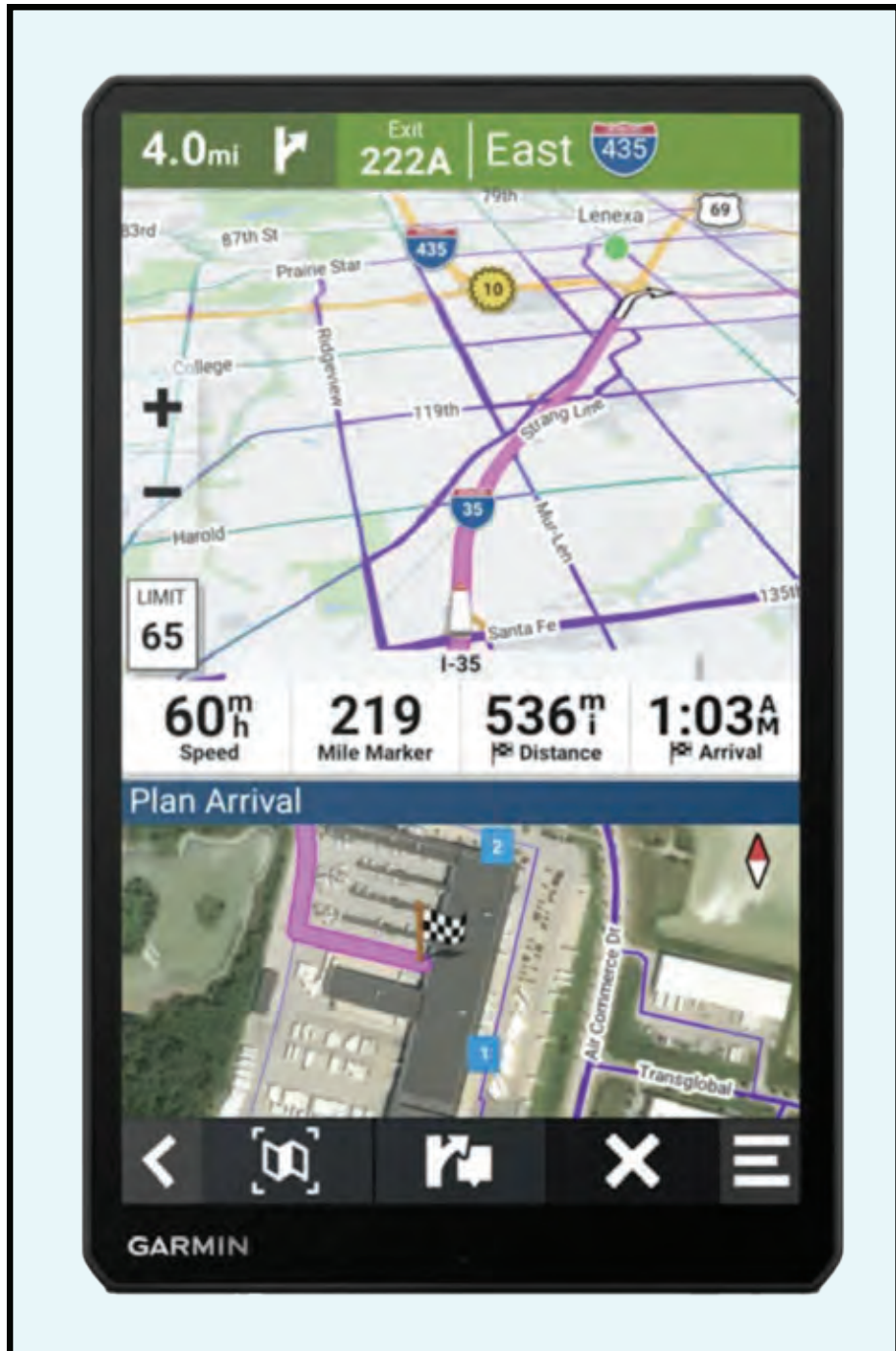
Rand McNally

The publisher of the iconic Motor Carrier's Atlas, a staple for truckers for more than 40 years, Rand McNally packs all its navigational expertise into a series of GPS devices. It offers three rugged multi-purpose tablets that also provide superior navigational services. All are built with pro truckers' needs in mind. Its TND Tablet 1050 and 85 combine fully functional truck-specific GPS capabilities – updated maps and traffic conditions, points of interests, 3D intersection views, weather conditions – with the functions of a rugged tablet computer. The TND Tablet 85 includes an integrated dash cam. The TND Tablet 1050 and 85 can found at a travel center near you.



Garmin

Garmin also has a series of GPS devices designed just for pro drivers. Its dēzl series of navigators are all built and loaded with data to make the trucker's life easier and safer. The OTR610, OTR710, OTR810, and OTR1010 allow you to get customized data and routing information based on the specifics (height, weight, length, etc.) of your truck. They also provide aerial views of loading docks, truck entrances, and security gates to make arrival at your destination as easy as possible. They also assist you in your route planning, offering details of truck stop amenities and parking availability. When paired with Garmin's dēzl app, you can receive live weather, traffic, and fuel price updates. These navigators also include Garmin's hands-free voice assist and hands-free calling when synced to your smartphone. All Garmin dēzl navigators can be found at a travel center near you.



TomTom

The Trucker 620 links to TomTom's MyDrive app and pairs with your other smart devices, and can even read incoming texts from your smartphone. It uses Siri or Google Now to provide hands-free access. With a 6" display, the Trucker 620 has a magnetic dash mount and comes pre-loaded with numerous points of interest for truckers. It allows you to input details of your truck, so



you get routes and other details that are specific to your vehicle. [Available online for \\$405.](#)

BLUETOOTH HEADSETS

Staying properly connected while driving, means having hands-free access to your smartphone and GPS navigational device. The best way to do that is with a lightweight, wireless Bluetooth headset you can wear the entire time you're driving.

RoadKing 4000 Premium Convertible Bluetooth Headset

One of the RoadPro Family of Brands, RoadKing, offers a variety of headsets including the RKING4000, which gives you the option of using one of two earpads. You can use one while driving and add the second one when you're done driving for the day and want to relax with premium stereo sound. The RKING4000 delivers up to 28 hours of talk time and has a wireless range of 33 feet. It features ultra-soft, large ear pads to provide comfortable long-term wearing, and its noise-canceling technology makes sure you hear any incoming calls or messages. Uses Bluetooth 5.0 technology. [Available online](#) or at most truck stops and travel centers.



BlueParrott

Not all pro truckers are the same or do they have the same exact communication needs while on the road. BlueParrott has a diverse line of Bluetooth-enabled wireless headsets so it's likely you will find one that fits your needs. The M300-XT SE is a small, lightweight single, in-ear headset with two noise-canceling mics so your conversations are heard properly. It has 14 hours of talk time and a range of 300 feet so you can continue a conversation when you exit your truck. A step up in the BlueParrott line is the B550-XT, which is voice-controlled for maximum hands-free use. It also boasts 96% noise cancellation and 24 hours of talk time. Available at a travel center near you.



SHOKZ

Want an alternative to the traditional over-the-ear or in-the-ear headset? Checkout the OpenComm 2 from SHOKZ. This lightweight, wireless headset uses bone conduction to deliver crystal-clear sound for all your conversations. It has a noise-canceling boom mic, 16 hours of talk time, and a range of 98 feet. Available at a travel center near you.



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THE ROAD AHEAD: A LOOK AT CUTTING-EDGE TRUCKING TECH

(continued)



DASH CAMS

In the past few years, the presence of a dash cam in a truck has gone from unique to ubiquitous. And, for a good reason. Video footage from a dash cam goes a long way toward proving a trucker's innocence in case of a highway mishap. They also can be used by fleets seeking to coach drivers on safety issues.

There are many suitable dash cams on the market today, but there are a few "must have" features a pro driver should look for when choosing one for their truck:

- High-definition recording – even 4K – to ensure the video you capture is the best quality
- Night vision so you have proper video coverage when driving after the sun goes down and before it comes up
- Large storage capacity so it's less likely an incident will be recorded and lost
- Built-in GPS to provide location data is captured
- Wi-fi connectivity
- G sensors, which can detect an accident or other mishap and save the footage automatically

Garmin

The same folks who offer truckers an array of GPS navigational devices, also have a line of dash cams, each with unique features. The model 57 is compact, voice activated, and records in 1440p. Garmin's model 67W also is voice-controlled, records in 1440p, but provides a 180-degree view out the front of your truck. The Tandem model is the kind of dash cam more and more fleets are considering because it provides both road-facing video and a 180-degree view inside the cab. Available at a travel center near you.



BlackVue

The company's DR970X-2CH dash cam is well regarded by many in the trucking industry, especially for the quality of video and features it delivers. It records in 4K ultra high definition, so you get maximum clarity. The DR970X-2CH also embeds GPS data in the video, which is available for you to view on your smartphone thanks to the company's app. This dash cam also has a parking mode, which monitors your vehicle even when not in motion. Includes night vision capabilities. [Available online for \\$469.99](#). NOTE: This dash cam will not integrate with the fleet management software some companies use.



PORTABLE POWER

Having an array of mobile tech devices at your disposal while on the road is truly a blessing for today's professional drivers. But, to make the most of them, they need to be fully charged and ready for use. Most trucks today come with USB ports and it's easy enough to have a modest power inverter you can plug a charging cord into. However, having a reliable portable source of power is essential. Fortunately, there are many to choose from that will deliver enough juice to keep your smartphone and other devices ready for use.

Anker

Anker is a powerhouse when it comes to charging options. It offers everything from a modest 10,000 mAh battery pack that will charge your Galaxy smartphone about one and a half times for \$19.99 to portable power stations designed to be a backup to your home's electrical system for \$1,229.99. However, the Anker 737 Power Bank is ideal for use on the road. It packs 25,600 mAh, enough to recharge your smartphone or wireless headset several times, or fully recharge a laptop. It also has three ports – two 18-watt USB-A and one USB-C port – so you can charge three devices at once. [Available online for \\$129.99](#).



Mophie

Mophie makes a long line of power packs ideal for keeping truckers' mobile tech devices properly charged and at the ready, including a variety capable of providing wireless charging. The Mophie PowerStation XL has a battery capacity of 10,000 mAh. Slim and lightweight, this Mophie power pack is ideal for mobile applications. [Available online for \\$74.95](#).



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THE ROAD AHEAD: A LOOK AT CUTTING-EDGE TRUCKING TECH

(continued)

POWER INVERTERS

The next logical step beyond portable power is an inverter that converts your truck battery's 12-volt direct current into the alternating current needed to power any number of devices that can make life on the road much more comfortable.

Cummins

Known in the trucking industry primarily for their heavy-duty truck engines, Cummins also has its name on a line of power inverters. They range from a 120-watt inverter that fits in a cup holder and plugs into your truck's 12-volt port, to a 5,000 watt model that can be hardwired to your truck's electrical system. Cummins' lineup of inverters includes 2,000-, 3,000-, 4,000- and 5,000-watt models, all of which have four AC outlets and two USB ports. All have high surge capacity for devices or appliances that require up to 10,000 watts to start. Since they are Bluetooth enabled, all inverters can be controlled and monitored from an app on your smartphone. All come with wiring kits. Cummins power inverters can be found at many travel centers, big box stores, and [online](#).



PORTABLE WI-FI HOTSPOTS

Mobile technology has been a boon to the professional driver. It keeps truckers connected to dispatchers, shippers, receivers, and, of course, the loved ones back home. However, accessing the internet while on the road – especially from public access points – can also expose truckers to folks who use online connectivity for illegal and nefarious purposes. Having a portable Wi-Fi hotspot affords you a layer of protection but also does not drain your smartphone battery by using its hotspot. Keep in mind, some mobile hotspots are specific to a given cellular carrier, most require a data plan, and are useful if you want or need to connect multiple devices.

NETGEAR

The Nighthawk Mi mobile hotspot works best with AT&T or T-Mobile but supports most data plans. It has 13 hours of battery life and operates on the 4G LTE band. [Available online for \\$181.16.](#)



SIMO

The Solis Lite Wi-Fi mobile hotspot is as versatile a device as you could ask for. It's compatible with all cellular plans, requires no contract or SIM card and can accommodate up to 10 devices. It has 16 hours of battery life. [Available online for \\$127.99.](#)



RoamWiFi

This mobile hotspot delivers 20 hours of battery life, so your Wi-Fi connection is available almost all day. The R10 offers a variety of data plans, from a day pass to one for 90 days. No sim card is required. The R10 router supports 4G LTE high-speed network. [Available online for \\$159.99.](#)



FIRST GEAR

for new CDL drivers

Less Distractions, Fewer Accidents

By Craig Daniels

It's time to talk about the elephant in the room - distracted driving. First, let's discuss the clinical response from the Georgia law enforcement code. Georgia defines a distraction as any activity that is manually, visually, or cognitively distractive to the driver. For instance, various types of distractions may include texting, reading, eating and drinking, using a GPS device, speaking to other passengers, or talking on the phone while operating a motor vehicle. Any event that takes the driver's attention away from driving is distractive and potentially dangerous.



How many of us have done any or all these things in the past? First, while the code says using a GPS is a distraction, it also allows for a navigation system and a two-way CB radio. I have seen several studies (including my own behavior) that while using a Bluetooth headset the conversation itself can be a distraction. Have you ever gotten into an argument or an intensely happy conversation with someone and missed an exit? Have you ever dropped mustard from a hotdog on your shirt while driving and wiggled in the lane trying to clean it off?

One of the best visual aids I have seen shows an X line of attention and a Y line of traffic hazards. As you might suspect the more attention you get the more hazards you can avoid. The less distracted you are the fewer hazards you can avoid. This might seem painfully obvious but how many drivers do we see talking, holding, scrolling on their phones? How many people have we seen watching videos while driving? How many people have their feet up on the dash while eating and talking on the phone?



Thousands of people are injured and killed every year from a driver's inattentive behavior. If you listen to the news several of those drivers have been prosecuted and served jail time for manslaughter for what would have been a less serious crash or even a "close call" because they simply were not paying attention. Use your head to do more than hold your hat in the wind. Exercise a little self-diagnosis and watch your habits and most importantly, correct them.



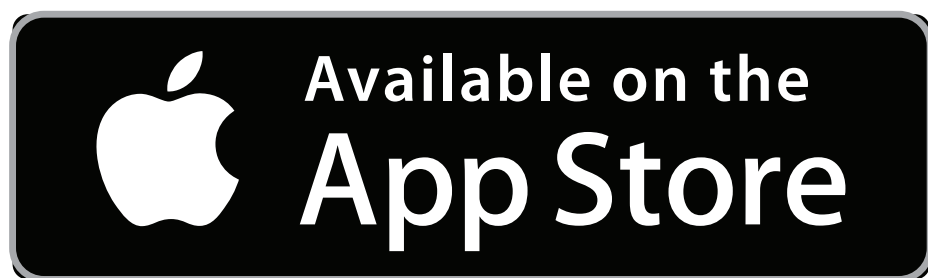
"Craig 10ring" Daniels is a Patriot Fleet driver with 9 years for Crete/Shaffer/Hunt and over a million accident-free miles and 12 years of the road experience. Daniels is an Army Veteran who went into heavy equipment repair after serving, and that led to almost twenty years of building roads by running asphalt plants, rock quarries, and paving crews. He has been led to help and guide others along the way in what he calls divine intervention. He has trained and mentored other Crete/Shaffer/Hunt drivers, helping new family members with policies and procedures unique to the company. Craig has been exposed to some special people who have taught and continue to teach him the force's ways and is proud to call a few good friends he values and takes their knowledge to heart. You can find Craig Daniels on TikTok at 10ringcraigdaniels or Instagram at Shaffer_Patriot_46135.

FIRST GEAR

for new CDL drivers

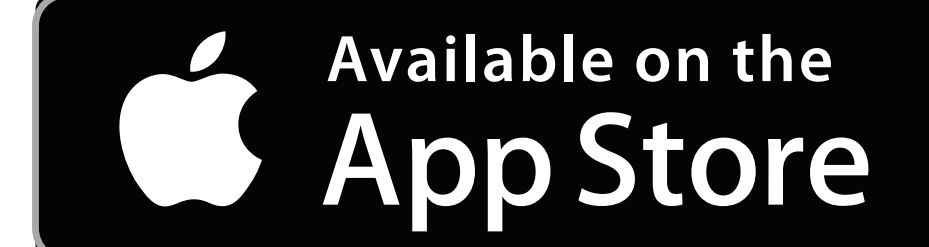
TOP MOBILE APPS Every New Truck Driver Should Use

As a NEW DRIVER, it can be difficult to find the BEST APPS for checking the weather, tracking deliveries, searching for a client, listening to music, finding truck repair service, or other TASKS ALONG THE WAY. Whether you have an iPhone or Android, there are various apps that will KEEP YOU UPDATED while you're over the road.



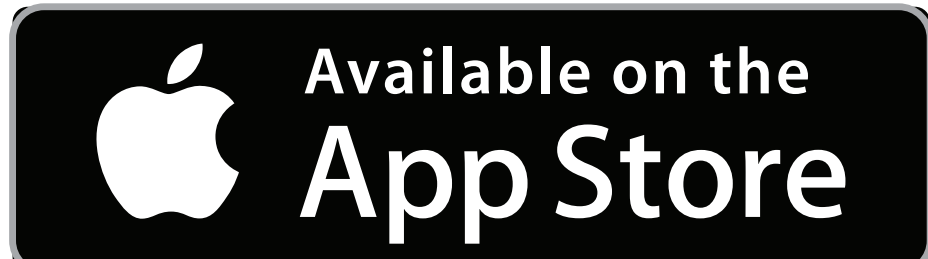
ROAD HUNTER

- Notified of weigh stations
- Provides truck-optimized GPS routes
- Find truck stops and rest areas
- Customize truck height, weight, and avoid toll roads
- Find Diesel Prices



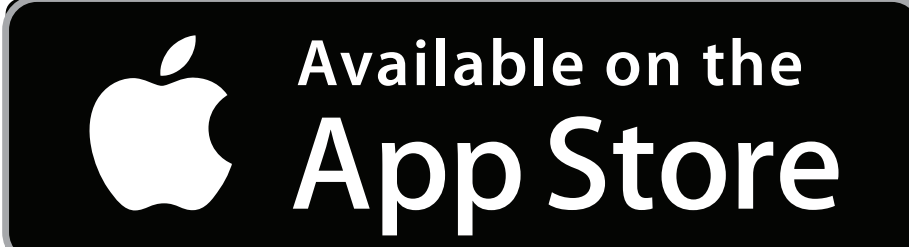
GASBUDDY

- Find the best prices with the gas map
- Access gas station and store reviews
- Give other drivers a heads-up on the latest deals by reporting gas prices
- Offers fuel rewards



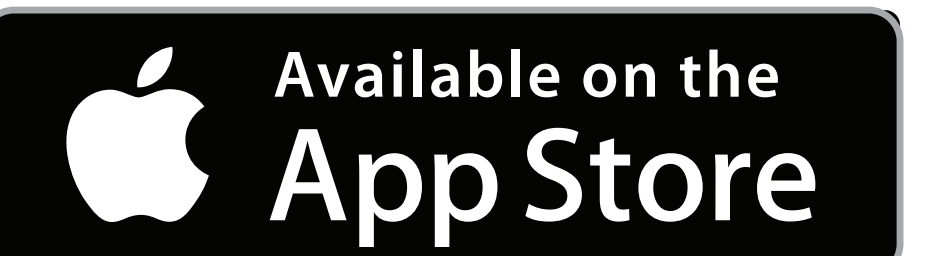
HIGHWAY WEATHER

- Compare forecasts for the entire trip
- View live outdoor cameras for your trip
- Severe weather alerts along your route
- Add rest stops to long trips



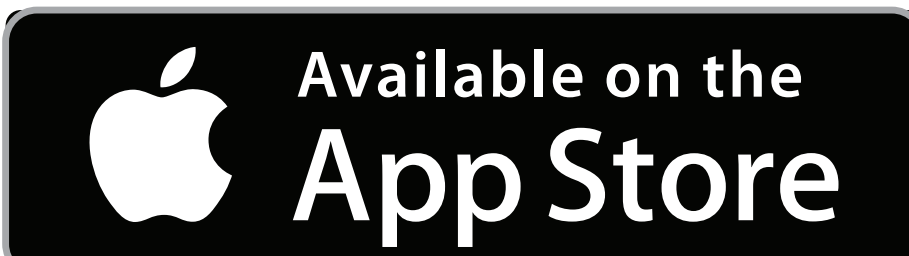
LOVE'S CONNECT

- Find the nearest truck stop
- Professional Driver Rewards
- Mobile Shower Check-In
- Mobile Deals In-Store
- Real-Time Fuel Prices
- Connect with Truck Tire Care centers or request roadside assistance



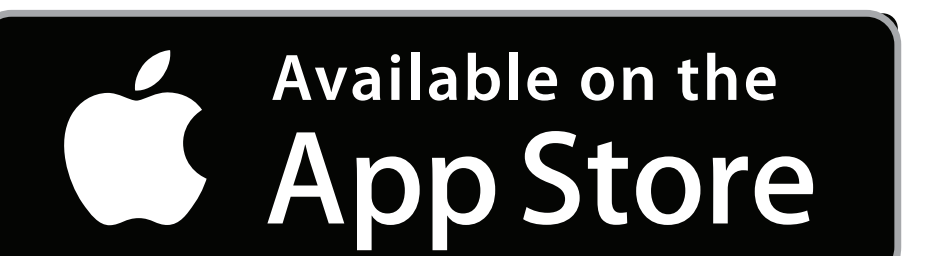
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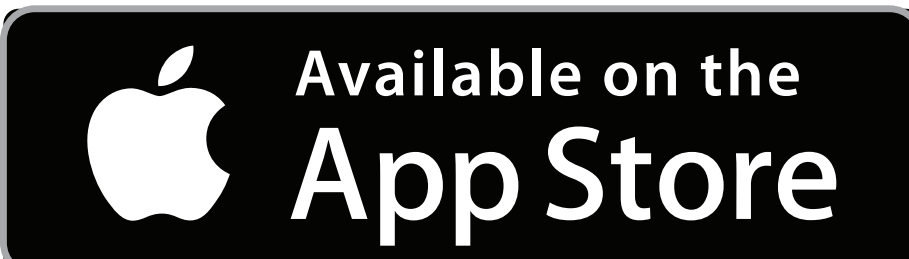
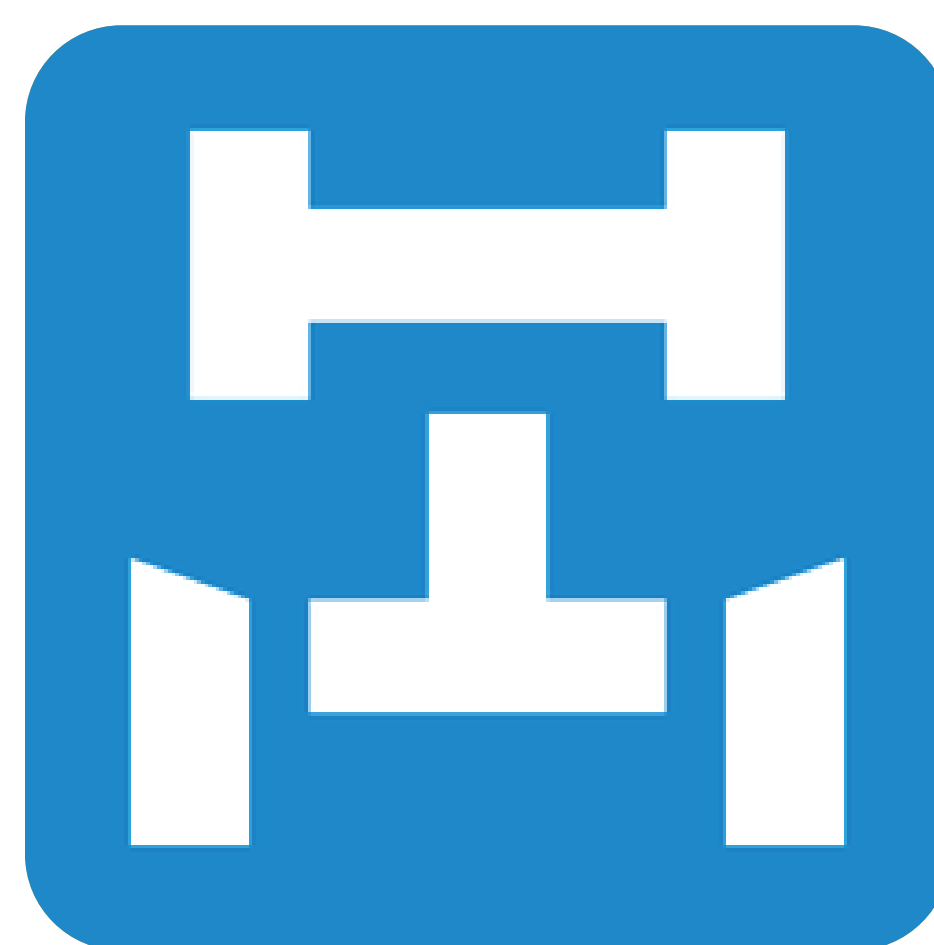
PILOT FLYING J

- Filter locations by amenities, parking availability, fuel type, restaurants & food offerings.
- View each location's full list of amenities
- Get access to exclusive offers every day
- Earn free showers when you fuel and track your shower credits in the app
- Track your myRewards balance/savings and redeem for discounts at checkout
- Reserve your shower in the app
- See the number of parking spots at each location



MY RADAR

- Weather and environmental alerts
- Current weather reading in your location
- Information on wind speed
- Animated live radar



TRUCKERPATH

- Includes 500,000+ truck stops in the USA and Canada.
- Find amenities: Showers, Parking, Good Entertainment
- Rest Areas and Shut Off Areas
- Get routes specifically for your truck height, width, weight, and type
- Avoid sharp turns, low overpasses, bridges, small roads, and more
- Access turn-by-turn navigation, and night mode navigation
- Plan and purchase discounted fuel along your trip
- Real-time truck parking availability
- See which weigh stations are open or closed
- Compare fuel prices
- Used by 1M+ truck drivers



NEW COUNCIL MEMBERS

Join us in Welcoming NEW Council Members, Garvis Hayse and Matt Brown

The RoadPro® Council members are professional truck drivers and act as the “Eyes, Ears, and Voice” of the RoadPro® Family of Brands. As a member of the RoadPro® Professional Driver Council, they represent the voice of truck driver brethren, sharing a “million miles” worth of insights to help RoadPro® better deliver the products that bring the comforts of home to the road. RoadPro® is excited to announce the addition of TWO NEW COUNCIL MEMBERS to the group, Garvis Hayse and Matt Brown.



Garvis Hayse has been driving OTR for 24 years with Rogers Trucking out of Columbia, Kentucky. Many know him as Wreckinball on the CB. Over the years, Garvis has hauled oversize, reefer, flatbed, and step deck. Garvis resides in Bee Spring, Kentucky with his wife Heather. They enjoy concerts, going to Tennessee Titans games, and best of all relaxing when there is time. Garvis is a 1988 graduate of Edmonson County High School in Brownsville, Kentucky. After high school, Garvis enlisted in the US Army where he spent 8 years as a 12 Bravo Combat Engineer. Garvis decided to get his CDL in 1999 and hasn't looked back since, except when backing up of course. Garvis said, "I encourage all drivers to continue speaking to new drivers and letting them know some of us are here for them! We truly depend on them once our time is up to make sure we have what we need just like we have done for years. Stay strong and truck on!"

Matthew Brown has been driving for 13 years, navigating the highways across every state in the lower 48, excluding Maine. From hauling dry van to flatbed and heavy equipment in the oilfields, his journey has been diverse. Right now, Matt hauls dry van mostly hauling fiber or metal barrels. Beyond the road, Matt has a love for photography, earning recognition in over 30 magazines and 10 books. Outside of his professional life, Matt is a proud parent to a 13-year-old daughter, and his faithful Belgian Malinois who has been his travel companion for the past 5 years. You can follow their journey on TikTok.



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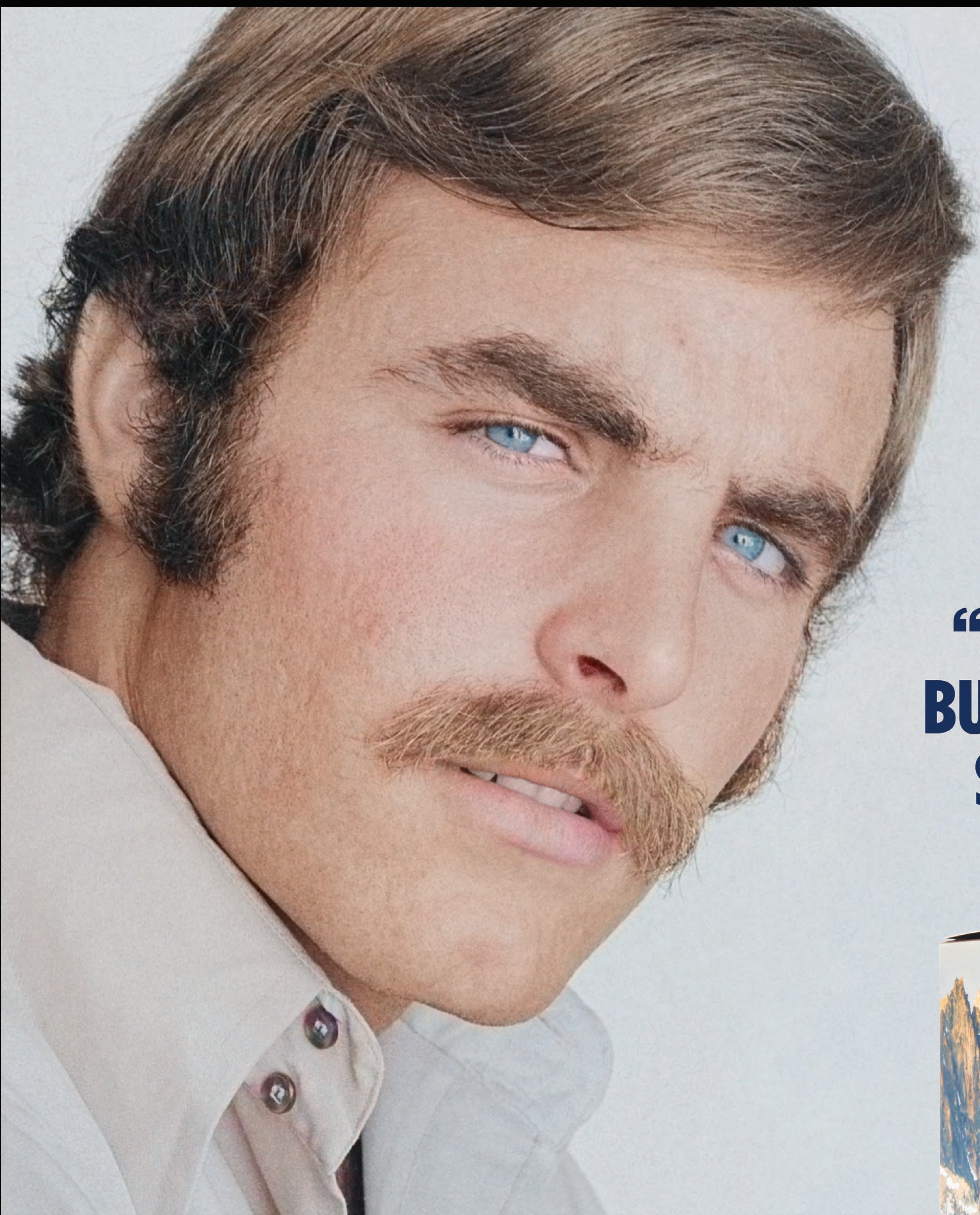
COUNCIL TIP

Tips On Using a Truck GPS

RoadPro® Pro Driver Council Member, Oscar Jassopadilla, gives a few tips on how to use a GPS as a truck driver and best practices. Don't rely on the GPS 100% percent of the time, and be smart about the roads you go down.



Oscar Jassopadilla drives team with his wife Natalie Jassopadilla. They are owner-operators, and between the two of them have been in the trucking industry for 19 years. They travel all over the United States and have hauled all types of freight. They both love to give back to their community, and when they are not working, take part in feeding the homeless for Thanksgiving and Christmas Day and do toy rides during Christmas. They also participate in Wreaths Across America, Truckers Emergency Assistance Responder, and Natalie, a Real Women in Trucking member. You can follow Natalie on Facebook and TikTok as 'Spicytrucker', where she documents her and Oscar's time on the road.



“ALL MEN SMELL.
BUT VERY FEW MEN
SMELL GREAT.”

DUKE CANNON
SUPPLY CO.®



**NEW VENT WRAP
AIR FRESHENERS**



Koolatron

**38L (40 QT)
COOLER/WARMER**



Car



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GEAR UP FOR TRUCK SHOWS

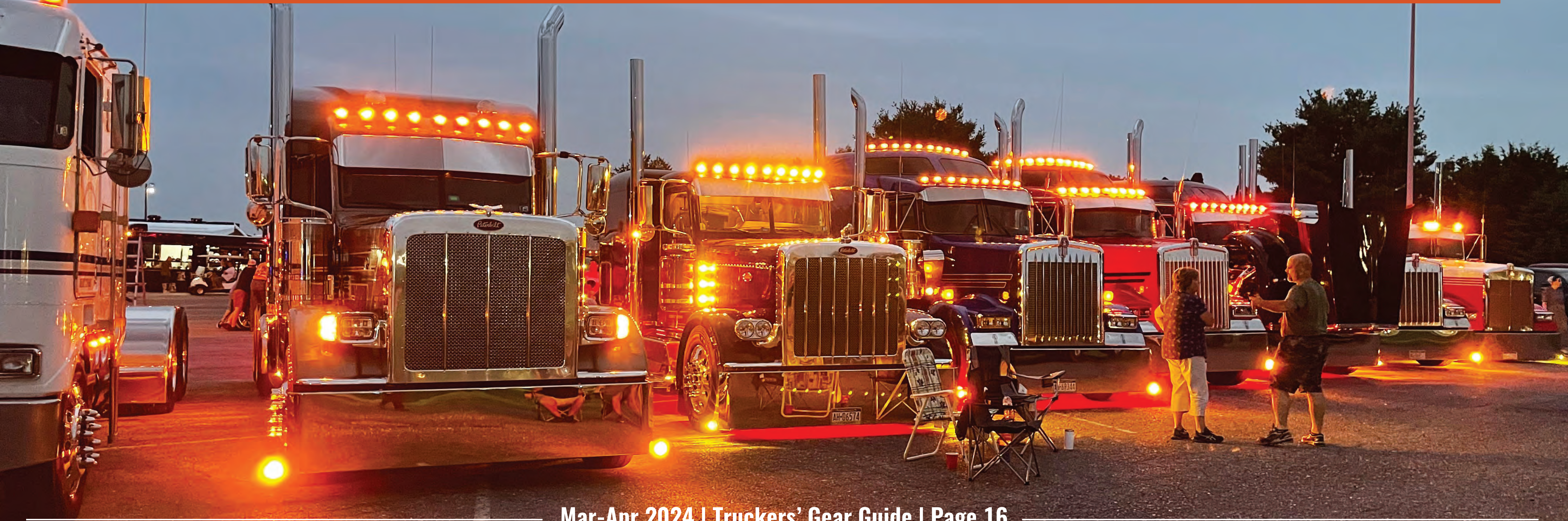
2024 IS GEARING UP TO BE A GREAT YEAR FOR TRUCK SHOWS!

There are a lot of opportunities to attend a truck show this year whether you are looking for a small town one or a larger scale. From competitive shows to children’s convoys, all models of trucks are admired in cities across the United States. Get ready for light displays, trophies, cash awards, games, food vendors, and lots of fun with friends and family.



We’ve compiled a list of truck shows this year, and hope you are able to attend one, two, or many more.

WHEN	WHAT	WHERE
March 21 – 23	Mid-America Trucking Show	Louisville, KY
March 23 – 26	Truckload 2024	Nashville, TN
April 18 – 20	Florida Tow Show	Orlando, FL
May 3 - 4	Midwest Pride in Your Ride	Earlville, Iowa
May 9-11	East Coast Truckers Jamboree	Kenly, NC
May 12	Mother’s Day Make-A-Wish Convoy	Manheim, PA
May 20 -23	Advanced Clean Transportation Expo	Las Vegas, NV
June 6-8	American Truck Historical Society National Convention and Truck Show	York, PA
June 6-9	Wheel Jam Truck Show	South Dakota State Fairgrounds in Huron, SD
June 7-8	West Michigan Truck Show	Hudsonville, MI
June 14-15	ATCA National Meet and Flea Market	Macungie, PA
June 22-23	Texas Trucking Show	NRG Center in Houston, TX
July 11-13	Walcott Truckers Jamboree	Iowa 80 Truckstop in Walcott, Iowa
July 12-13	Keystone Diesel Nationals	Lebanon, PA
July 19-20	7th Annual Gear Jammer Magazine Truck Show	Epping, New Hampshire
August 2-4	Carlise Truck Nationals	Carlisle, PA
August 9-10	35th Annual Waupun Truck-n-Show	Waupun, WI
August 23-24	Brooks Truck Show	Brooks, OR
September 12-14	Richard Crane Memorial Truck Show	St Ignace, Michigan
September 27-28	Mayberry Truck Show	Mount Airy, NC
October 5-6	California Trucking Show	Ontario, California
October 18-19	American Truckers Jubilee/Children’s Convoy	Searcy, AR
October 25-26	Draggin’ & Pullin in the Pines	Lufkin, TX



French Toast, Maple sausage & Pork Belly



NOW THAT'S
TRUCKIN'
GOOD
COOKIN'

INGREDIENTS

- 1 can Pillsbury Grands! Flaky Layers Butter Tastin' Refrigerated Biscuit Dough, 8 ct, 16.3 oz
- 1/2 cup pure maple syrup
- 1 Jimmy Dean Premium Maple Pork Sausage Roll, 16 oz
- 4 thick slices of pork belly
- Green Mountain Goodness – Maple Rub Spice Seasoning From Pure Vermont Maple Syrup
- 4 Tablespoons Green Mountain Goodness, Pure Vermont Maple Sugar
- 2 cups Egg Beaters Original Real Liquid Egg Whites, 32 oz Carton
- 1/2 cup Water

DIRECTIONS

- RoadPro Portable Stove – 1/2 Cup water in bottom to make steam
- 2 Aluminum Foil 2 lb. Loaf Pans, Disposable for Easy Cleaning
- Bake biscuits & cool, cut into 6 pieces each. Add 4 biscuits to each foil pan.
- Top each biscuit pan with 1/4 cup pure maple syrup
- In a separate pan cook maple sausage add 1/2 cup of cooked sausage to each foil pan
- Cube 4 thick slices (about 1 cup cooked) of pork belly, Season it with maple rub fry to golden brown slightly crispy. Then add 1/2 cup to each foil pan.
- Sprinkle each pan with 2 Tablespoons of maple sugar (optional)
- Cover each pan with foil
- When ready to cook add 1–1 1/2 cups Egg Beaters to the top. Mixing is optional.
- Place in RoadPro Stove cook 45–60 minutes until eggs are cooked.
- (each pan when finished will yield 2–3 servings)



BY LILLY TRUCKER



We're Ashley & Richard Northup, known as Lilly Trucker & Rich on TikTok. As a trucking team and a married couple, we share our life's ups and downs on the road through vlogs, comedy, dance, and motivational speaking. Passionate about cooking, we created Lilly's "Now That's Truckin' Good Cookin'," elevating trucker meals from basic to gourmet, even on 18 wheels. Our truck, Clarabelle, recently faced a major breakdown, but with our RoadPro Portable 12-Volt Stove, we've been able to cook countless comforting meals on the road, keeping us road-ready and sharing our journey with friends. Follow along on their TikTok journey!

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